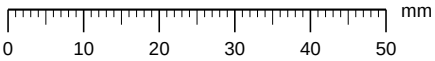
Printable Ring Sizer: Circle Method

Measure a ring that already fits. Print at 100% (Actual size), never "Fit to page".

STEP 1: Check your print scale

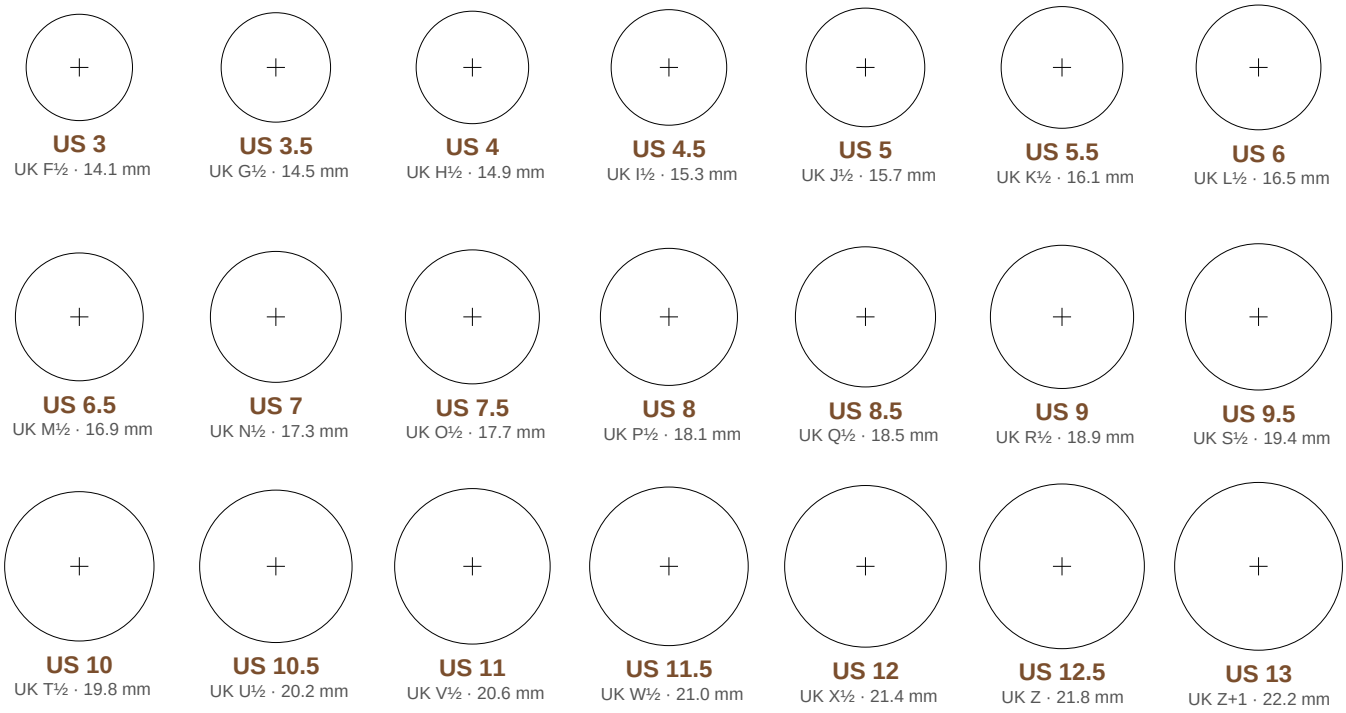
This line must measure exactly 50 mm (about 1.97 inches) with a ruler. If not, reprint at 100% / Actual size.



A standard bank card (85.6 mm) should fit this box exactly

STEP 2: Place your ring on the circles

Lay a ring that fits the right finger on top of each circle. Your size is the circle whose line sits just inside the ring's inner edge, with no gap and no line hidden. Between two circles? Choose the larger size.



US 3
UK F½ · 14.1 mm

US 3.5
UK G½ · 14.5 mm

US 4
UK H½ · 14.9 mm

US 4.5
UK I½ · 15.3 mm

US 5
UK J½ · 15.7 mm

US 5.5
UK K½ · 16.1 mm

US 6
UK L½ · 16.5 mm

US 6.5
UK M½ · 16.9 mm

US 7
UK N½ · 17.3 mm

US 7.5
UK O½ · 17.7 mm

US 8
UK P½ · 18.1 mm

US 8.5
UK Q½ · 18.5 mm

US 9
UK R½ · 18.9 mm

US 9.5
UK S½ · 19.4 mm

US 10
UK T½ · 19.8 mm

US 10.5
UK U½ · 20.2 mm

US 11
UK V½ · 20.6 mm

US 11.5
UK W½ · 21.0 mm

US 12
UK X½ · 21.4 mm

US 12.5
UK Z · 21.8 mm

US 13
UK Z+1 · 22.2 mm

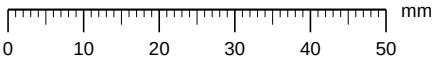
Diameters follow the US scale (each full size adds about 0.81 mm). UK letters follow BS 6820. Brands vary, so check the seller's chart.

Printable Ring Sizer: Strip Method

Measure your finger directly. Cut along the solid outline of one strip.

STEP 1: Check your print scale

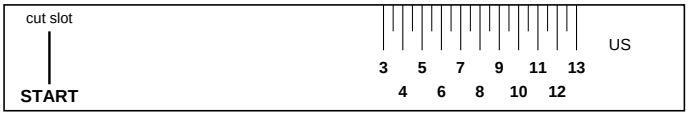
This line must measure exactly 50 mm (about 1.97 inches) with a ruler. If not, reprint at 100% / Actual size.

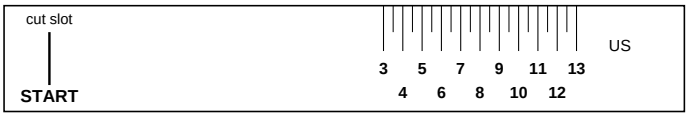


A standard bank card (85.6 mm) should fit this box exactly

STEP 2: Cut, wrap and read

1. Cut out the strip and cut the small slot at the START end.
2. Thread the numbered end through the slot to make a loop, numbers facing out.
3. Slide the loop onto the base of your finger and pull until it is snug but still passes your knuckle.
4. Read the size at the slot. Measure in the evening, at room temperature, two or three times.





Each mark sits at that size's inside circumference measured from the slot. Long marks are whole sizes, short marks half sizes.

Quick conversion chart

US	UK	EU	Diameter (mm)	Around (mm)	US	UK	EU	Diameter (mm)	Around (mm)
3	F½	44	14.1	44.2	8.5	Q½	58	18.5	58.2
3.5	G½	45	14.5	45.5	9	R½	60	18.9	59.5
4	H½	47	14.9	46.8	9.5	S½	61	19.4	60.8
4.5	I½	48	15.3	48.0	10	T½	62	19.8	62.1
5	J½	49	15.7	49.3	10.5	U½	63	20.2	63.3
5.5	K½	51	16.1	50.6	11	V½	65	20.6	64.6
6	L½	52	16.5	51.9	11.5	W½	66	21.0	65.9
6.5	M½	53	16.9	53.1	12	X½	67	21.4	67.2
7	N½	54	17.3	54.4	12.5	Z	68	21.8	68.5
7.5	O½	56	17.7	55.7	13	Z+1	70	22.2	69.7
8	P½	57	18.1	57.0					